



Adventist Philosophy of Home Economics

A Christian approach to teaching home economics endeavors to help students develop a fuller knowledge of God and His purpose for their lives. Such knowledge is pursued through providing opportunities to discuss the nature of Christian experience and God's providence which are woven through the attitudes, values and skills related to daily living.

Home economics endeavors to develop students' personalities and skills as they adapt to the changing



complexities of everyday living and as they interact with their families and the community. Importance is placed on the family unit for it is within this context that the individual develops

values and attitudes that influence lifestyle.

Students' physical well-being and healthy lifestyles depend largely on how effectively individuals and families manage their resources. Home economics considers management skills, preparation and presentation of meals, good housekeeping, and care and wise choice of clothes, all of these skills

are taught from the Adventist perspective that is to glorify God in one's personal life and home.

Home economics promotes consumerism and uses the problem-solving approach which allows students opportunities to develop skills in using their time, money, and other resources to satisfy different needs and wants. Livelihood skills like gardening and entrepreneurship are inculcated to make students productive and responsible stewards to God.

Overall, home economics provides a range of activities that seek to promote self-worth, independence, initiative, creativity and self-expression in both home and community settings.



HOME ECONOMICS

Adventist Rationale for Home Economics

Stable family life is essential for a church to be an effective witness to the world of the power of the gospel. Seventh-day Adventist home economists believe that "One well-ordered, well-disciplined family tells more in behalf of Christianity than all the sermons that can be preached." *Adventist Home*, p. 32.



The home is primarily responsible for the total development of human beings. If individuals are to be prepared for useful service to God and fellow-men, it is the training in home economics that can give them the necessary knowledge, skills, and attitudes that encompass one's whole life.

Recognizing that:

- * God Himself created the home as the center of love and unity
- * Individuals develop physically, spiritually, mentally, and emotionally primarily through the home
- * The home provides the first training in healthy lifestyles, wholesome attitudes, and reverence for God
- * The home is the basic unit of the church, community, and the society as a whole
- * Man is endowed with skills that he can use to be God's productive steward
- * God has given man everything he needs to enjoy life if used responsibly

It is, therefore, imperative that home economics be an essential part of every student's education in all Adventist schools.

As members of their own homes and as future homemakers themselves, students need to learn the basics of family living that will glorify God.

The objective of home economics is to equip each student with knowledge, attitudes and skills that will maximize his potential individually and as a member of the home, church and society.