

PHYSICAL EDUCATION

INTEGRATION OF APPROACHES IN PHYSICAL EDUCATION

CLASS SCHEDULE for Elementary
Example only

Date & Week	Day	Pages	Topic	Approach	Integration
1	1	13	Motor Skills: Manipulative, Ball Activities	philosophy rationale	discuss philosophy and rationale of Adventist PE classes
	2	13	(continuing)	atmosphere	I can share how God gave me energy when I exercise
	3	13	(continuing)	REBIRTH	link to how God Loves us and made us to have fun while we exercise
	4	13	(continuing)	links	link to Unselfishness as we throw or bounce the ball back and forth sharing the fun of it all
2	1	13	Ball Activities	atmosphere	I can share my belief that God designed our muscles to have a lot of use
	2	13	(continuing)	REBIRTH	link to the Goodness of God and how He gives us power to be like Jesus just like exercise gives us power to do very hard jobs
	3	13	(continuing)	links	link to Kindness so we can make friends and they can help us work to get stronger.
3	1	21	Beanbag Activities	mission	throw and catch the beanbag around the circle just like we tell people around the world about Jesus. Don't miss anyone
	2	21	(continuing)	REBIRTH	link to Grace. When I catch the beanbag, I want to throw it to someone else for their turn, just like God gives me grace whether we deserve it or not
	3	21	(continuing)	links	link to Accepting the beanbag in turn and accepting the persons in the circle also
4	1	21	Bean Activities	contributors	talk about Christian athletes
	2	21	(continuing)	REBIRTH	link to Joy as you toss the beanbag, clap your hands and catch it again. Do the toss to music and sing a happy song.
	3	21	(continuing)	links	link to Respect by letting the oldest one in the class choose the routine for one of the games
5	1	45	Group Games	content	teach the concept of cooperative rather than competitive as you play the group games.
	2	45	(continuing)	REBIRTH	link to Peace. Satan is the one who causes fighting and trouble. Jesus gives us peace. We choose to have peace and we have more fun.
	3	45	(continuing)	links	link to Peaceful because when we have the peace of Jesus in our hearts we can be peaceful in class without arguing. Talk about the difference of "inside peace" that Jesus gives and the "outside peace" that we create.