

PHYSICAL EDUCATION

Spiritual Atmosphere

Create a spiritual atmosphere in the classroom that nurtures Adventist mission, virtues and especially a personal, saving experience with God by:

a) Modeling and voicing spiritual experiences or insights, sometimes personal, showing connections to the subject of PHYSICAL EDUCATION where appropriate. Some examples:

I can relate experiences of strength and good health because of exercise

Invite students to follow his example of a good exercise program

My attitude on the play ground, in games, and on the sports field must model the Golden Rule. I can talk about how God helps me use self-control with my emotions at a game when they tell me to do one thing and I know that God wants me to do another.

Decorate my office with some of the new paintings of the active, healthy, and happy Jesus as well as sports figures and equipment, etc.

Keep fitness standards visible and equal with the Golden Rule.

Additional examples:
b) Identifying and rewarding students for using their skills or knowledge to fulfill the mission of the church, especially in the area of PHYSICAL EDUCATION. Some examples:. Let them lead the group in exercise. Let them keep the records for exercise activities Let them plan new activities that benefit one's health Bulletin Board feature: pictures of students who excel in outreach programs.
Additional examples:

PHYSICAL EDUCATION

c) Identifying and rewarding students' demonstration of Adventist Essentials in their social behavior. Some examples:

Point out student actions that demonstrate fair and just play, good sportsmanship, and other virtues Plan a Day of Friendship when everyone practices fair play and kindness Let the student know that you are aware of his fair and just actions.

Additional	l examp	les:

