Sample Course Outline

I. School Identification

School Name	___Big Hills Academy___
Couse Title	___Health (High School)_____
Length of Course	___1Quarter_____
Teacher's Name, Degree	___Freddie Munif_____
Class periods/per week	_4__ Minutes/per class ____40___

II. Description of the class and for whom it is intended

This is a 2ⁿᵈ year high school health class. The text covers 4 areas: anti-drug life, common diseases, over population, and first aid.

III. Textbook

Imasa, Helen G., and others, *Physical Education, Health and Music*, Sophomore. St. Augustine Publications, Inc.
   1993. 79 pages.

IV. Class Requirements

Special Assignments, projects, term papers, field trips.
   A field trip to a hospital
   A guest speaker to explain about selected diseases

V. Goals and Objectives

Goals:
   1. Refuse drug use
   2. Keep themselves healthy
   3. Understand the population problem in Asia.
   4. Get a First-Aid Certification of Completion
   5. Etc.

Objectives (behavioral and measurable):
The student will be able to......................
   1. Value a drug-free life
   2. Understand how to avoid disease
   3. Perform First-Aid in an emergency
   4. Etc.

VI. Goals for integration of Faith and Learning

To have a knowledge of the biblical and scientific principles of healthful living, accept them and implement them in the personal life.

Understand how personal health influences the quality of one's relationships with God and humanity.

VII. Class Schedule

The class schedule lists the textbook pages, topics, and integration for each school day of the term. This the most important planning tool the teacher has for organizing her class and show how she will integrate Adventist values and beliefs. A sample is provided to help the teacher see how it looks. Appendix B has a blank class schedule form for the teacher to duplicate and use.

VIII. Evaluation and Grading System

Report on hospital visit	10%
An editorial on population problems	10%
First-Aid Certificate	40%
Review test	40%