



Adventist Content

Teach essential subject content by:

a) Identifying and teaching subject content important to Adventist Education, that goes beyond what is specified in the public or government curriculum

Some examples:

- Adventist health principles that promote health in body, mind, and soul
- Fitness standards for each level of child development
- Competition guidelines
- Duty of Care (safety measures)

Additional examples:

b) Identifying and giving an Adventist perspective to subject issues or teachings or practices which differ from the Adventist view, that may be introduced by the public textbook, government syllabi or that may come naturally from the area of PHYSICAL EDUCATION and call for response or explanation.

Some examples:

ISSUES THAT AFFECT THE TEACHING OF PE AND SPORTS

Competition

- aggression
- appropriateness
- interschool sports
- intraschool sports
- rewards
- scoring
- motivation tool

Creative Movement

- appropriateness
- attitude development
- limitations
- music used
- sex roles

Contact Sport

- brutality
- definitions of contact
- injury

Equal Opportunity

- activity choice
- activity level
- advertising in sport
- media myths
- meeting needs of all students
- responses to advertising
- special groups

Ethics

- excesses in sport, competition
- fitness etc
- fitness development on Sabbath
- honesty in participation
- Sabbath activities

Fitness

- definition and nature
- for what?
- at what certain level?

step 2 learning the approaches

Adventist Content (continued)

PHYSICAL EDUCATION

Myths in Physical Education

- factors preventing participation
- media myths
- nutrition
- ideas of remedies
- weight control

Nutrition

- double standards
- junk food
- performance

Place of Theory

- role of sport science

Safety

- degree of supervision
- expertise of supervision
- prevention of injury
- readiness of students
- use of equipment

Sportsmanship

- attitudes to winning and losing
- building self-worth

Teacher Model

- fitness
- partiality
- participation
- professionalism
- role model

The Place of Sport

- cultural considerations
- leisure activities
- parental influence
- reasons for sport
- spectators
- value of sport

The Use of Skill in Games

Use of Drugs

- performance
- use of caffeine etc
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c) Identify subject themes that recur throughout the topics and lessons and show a spiritual application or value associated with the theme. The theme can be used many times throughout the course to reinforce the spiritual lesson each time it is seen in the subject content

theme	spiritual insight	topics
safety	Understanding , then following the rules with watchfulness makes safe play, also true, spiritual safety comes by following God's rules and being watchful and prayerful against sin	a. field sports b. Gym sports c. Water sports
attitude	"The mind and the soul find expression through the body" (Ed 195), therefore, for maximum health, the attitude needs to be positive.	a. win/lose courtesy b. valuable - self-worth c. fairness
recreation	Strive to achieve maximum personal potential through planned physical activities.	a. developmental b. student life c. life-long habit

PHYSICAL EDUCATION

Additional Themes:

attitude
challenge
competition
confidence
coordination
courtesy
defense
development
empathy
encouragement
endurance
enjoyment
fairness
fitness
generosity
Health
Injury

Leisure
Lifestyle
Movement
Recreation
rest
safety
self-esteem
self-restraint
sportsmanship
strategy
teamwork
win/lose
work