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**PHYSICAL EDUCATION**

**Mission of the Church**

**Prepare students to fulfill the mission of the church by:**

a) Showing what Adventists do in the church organization, relating to the subject of PHYSICAL EDUCATION.

Some examples:

- Teach classes in schools in the subject
- Health personnel promote exercise as healthy lifestyles
- Sponsor physical fitness clinics and programs

Additional examples:

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b) Identifying personnel and functions, related to the area of PHYSICAL EDUCATION, that are needed to fulfill the church's mission.

Some examples:

- P.E. teachers at the school could promote exercise programs for the congregation as a means of preventing disease and for improving better thinking.
- Adventist PE teachers teaching classes in exercise and lifetime fitness as disease prevention and as benefit for thinking skills.

Additional examples:

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## ***step 2 learning the approaches***

Mission of the Church (continued)

### ***PHYSICAL EDUCATION***

c) Giving students opportunities and personal experience in witnessing, out-reach and service relating to the area of PHYSICAL EDUCATION.

Some examples:.

Performance teams tour as Better Living group promotion

Let exemplary students lead out in the sports festival as color captains.

Additional examples:

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d) Identifying the role and importance that PHYSICAL EDUCATION plays in fulfilling the mission of the church.

Some examples:

A healthy body helps keep the mind alert and able to reason accurately in order to understand more readily God's will and His ways.

Since the body is the temple of God, we must learn how to care for it with reverence and in a way that pleases God.

Additional examples:

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